

**FOREST LAKE AREA ATHLETIC ASSOCIATION (F.L.A.A.A.)**  
**GIRLS SUMMER RECREATIONAL SOFTBALL SIGN UP**  
**JR & SR High League - 2010**  
**\$90.00**

**Signup deadline by mail is May 28th 2010**

**All signups after May 28 will be charged a late fee of \$20.00**

**We will not consider a team preference on any late signups!**

**Subject to coach availability. We will be limiting the number of players on each team!**

**Make checks payable to "FLAAA YOUTH SOFTBALL"**

JR & SR High Softball Coordinator – **Jeff Thobe 651-408 0409**

**FLAAA PHONE LINE: 651-464-3695      FLAAA WEBSITE: [www.flaaa.org](http://www.flaaa.org)**

The Softball Season starts the week of June 21<sup>th</sup> (ends July 31, 2010)

Games on Mondays and Wednesdays

\*\*\*High School League: Age 20 & Under before August 1st (Grades 10,11,12,& up)

\*\*\*Jr High School League: Age 16 & Under before August 1st (7,8,9)

\*\*\* You may play up but not down

------(cut here)-----

Player's Name (print) \_\_\_\_\_

Phone: \_\_\_\_\_ Alternate Phone \_\_\_\_\_

Address \_\_\_\_\_ City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

School: \_\_\_\_\_ Present Grade: \_\_\_\_\_ DOB \_\_\_\_\_

Parent's/Guardian's Names(print) \_\_\_\_\_

Parent's/Guardian's Signature: \_\_\_\_\_ E-mail \_\_\_\_\_

**Coaches are needed.** If interested, fill in the information below. Head Coaches will be reimbursed for one child's fee.

Name (print) \_\_\_\_\_ Phone: \_\_\_\_\_ home \_\_\_\_\_

Check one: \_\_\_\_\_ Head Coach \_\_\_\_\_ Assistant Coach \_\_\_\_\_ Umpire

Please check one: \_\_\_\_\_ I do \_\_\_\_\_ I do not have medical coverage.

Name of Insurance Carrier: \_\_\_\_\_ Policy or Group # \_\_\_\_\_

Doctor's Name: \_\_\_\_\_ Clinic Name: \_\_\_\_\_

I understand that the coaches, coordinators, and directors are not liable for any injuries incurred while playing, practicing or watching softball. In case of an emergency, this is an authorization for the Head Coach and/or Assistant Coach to get medical assistance for my child.

**MAIL IT TO: FLAAA Youth Softball, PO Box 21, Forest Lake, MN 55025**

**(Note: please read back side of this form)**

**\*\*\*Funds used to print this flier were provided by FLAAA. This is NOT a School District sponsored activity\*\*\***

# **FOREST LAKE AREA ATHLETIC ASSOCIATION YOUTH ATHLETIC PROGRAM**

## **Our Mission**

"Supporting and participating in the positive development of Youth."

## **Our Philosophy**

The general philosophy of FLAAA is to support all organized, approved youth activities in a positive environment. The primary activities are athletics that are activities operating under the umbrella of FLAAA. The primary areas of support are the communities included in the boundaries of Independent School District #831.

The goal of FLAAA is to encourage positive learning from coaches and role models and to develop good citizenship now and in the future for the betterment of the individual and its communities. FLAAA also supports: other youth activities that are non-athletic activities, humanitarian needs, community events, schools and requests on an individual basis as approved by the Board of Directors

## **Purpose**

1. Enable youth to have FUN and enjoy the sport.
2. Develop sportsmanship and teamwork
3. Teach the Fundamentals of the sport.
4. Provide youth with an organized athletic experience.

## **Volunteers**

1. Volunteers are an important and necessary part of our athletic program.
2. F.L.A.A.A. programs include over 200 volunteers.

## **Volunteer coach rules**

1. Give all participants an opportunity to play a fair amount in games.
2. Let players experience all positions (within reason and safely) especially in practice.
3. Stress the fundamentals.
4. Be positive
5. Set a good example for your players. Be accepting of referees decisions and polite in your dealings With opposing teams. Insist upon good sportsmanship from your team.
6. Be in control of your players at practices and games. Supervise your players and make sure they treat the facilities with respect.
7. Players are to be supervised by the coach before and after practice until the parents pick them up.
8. There will be no swearing by coaches or players. No drinking or smoking at FLAAA games/events. Never show up with alcohol on your breath.
9. NO physical or verbal abuse will be tolerated.

## **Participant ratio**

1. Our goal is to have a low ratio of participants per team to enable our philosophy to be accomplished.

### **FLAAA Area Sports Directors:**

Columbus - Coordinator – Brian Whitson 651-982-0080  
Forest Lake - Coordinator – Rich Soye 651-253-2109  
Lino Lakes—Coordinator – John Schiek 651-770-4888  
Linwood—Coordinator - Jeff Thobe 651-408-0409  
Scandia – Coordinator – Adriane Krager 651-442-8382  
Wyoming – Coordinator – Lynn Joslin 651-235-9311

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